

WEDNESDAY 7 OCTOBER

PROGRAMME

12:30 - 14:00 WELCOME (FREE LUNCH) – REGISTRATION – POSTER DISPLAY

14:00 - 14:30 OPENING SESSION

Christel Teyssèdre, *APRIFEL (FR)*
Joël Doré, *INRAE (FR)*
Boitshepo Giyose, *FAO (ZA)*
Joël Raymond, *Vice-Président de la Métropole délégué à l'Agriculture, l'Alimentation et la Ruralité (FR)*

14:30 - 15:40 KEYNOTE LECTURES

Co-chairs: Boitshepo Giyose & Joël Doré

• From Evidence to Action: Building the Bridge Between EGEA 2023 and EGEA 2026
Boitshepo Giyose, *FAO (ZA)* & **Joël Doré**, *INRAE (FR)*

• Overview of food systems, their evolution over recent years, and the role of fruit and vegetables
Patrick Caron, *CIRAD (FR)*

• Current dietary recommendations: Global overview
Francesco Branca, *Université de Genève (IT)*

15:40 - 16:10 NETWORKING BREAK AND POSTER VISIT

16:10 - 18:45 SESSION 1: The impacts of meeting fruit & vegetable recommendations

Co-chairs: Malek Batal & Ramya Ambikapathi

16:15 - 17:45 KEYNOTE LECTURES

• Relationship Between Plant-based Diets, Fruits & vegetables, and Health
Christine Feillet-Coudray, *INRAE (FR)*

• Cultivating response-ability at the margins: smallholder farmers as agents of climate mitigation and ecosystem repair
Stephen Sherwood, *EkoRural/Granja Urkuwayku/University of Wageningen (EC/NL)*

• How does promotion of fruit and vegetable intake in rural and urban consumers link to agroecology, agrobiodiversity conservation and resilience?
Céline Termote, *Alliance Biodiversity & CIAT (KE)*

• Equity, cultures and food justice
Shakuntala Haraksingh Thilsted, *CGIAR (MY)*

• Risk-benefit analysis and evidence for change
Sara Monteiro Pires, *Institut national de l'alimentation DTU (DK)*

17:45 - 18:45 ORAL COMMUNICATIONS

• Dietary patterns based on the intake of plant or animal ultra-processed and non-ultra-processed food: associations with cardiovascular diseases risk from two different approaches in the NutriNet-Santé cohort
Benjamin Allès, *EREN (FR)*

• Can global dietary recommendations be met within sustainable food systems?
Charlotte Chemarin, *CGIAR (FR)*

• Fruit, vegetable and nut content of meals and its association with combined nutritional value and environmental impact score
Leona Lindberg, *Queen's University Belfast (UK)*

19:00 - 20:00 WELCOME COCKTAIL (FREE)



THURSDAY 8 OCTOBER

PROGRAMME

08:00 - 08:30 **WELCOME COFFEE – REGISTRATION – POSTER DISPLAY**

08:30 - 10:45 SESSION 2: Behaviors and levers for change

Co-chair: Roberto Ugas

08:30 - 09:50 KEYNOTE LECTURES

• Social and cultural influences on food choices
Almudena Claassen, *Max Planck Institut (GE)*

• Using psychological insights to change behaviour: The BIG potential of making small changes
Gareth Hollands, *University College London (UK)*

• Overview of public policies for healthier and more sustainable diets: What lessons can be learned?
Céline Bonnet, *Toulouse School of Economics/INRAE (FR)*

• Fruit and vegetable consumption in Peru: Policy and real-world practices
Katherine Curi Quinto, *Instituto de Investigación Nutricional (PE)*

09:50 - 10:15 **NETWORKING BREAK AND POSTER VISIT**

10:15 - 10:45 ORAL COMMUNICATIONS

• Association of acculturation with diet quality, food consumption and weight status among migrant students from French Overseas regions after relocation to mainland France
Mélanie Antoine, *Université de Montpellier (FR)*

• Fruit in the Desert: Assessing Student Access and Consumption, and Barriers and Opportunities for Improvement in the University Environment
Temilade W Arulogun, *University of Ibadan (NG)*

• Promotion of opportunity vegetables in urban Ethiopia: Cost-effectiveness of face-to-face cooking demonstrations versus digital media messages to increase intake of pumpkin and okra
Ilana Cliffer, *World Vegetable Center (TH)*

10:45 - 12:15 SESSION 3: Collaborative multistakeholders projects aiming to support consumers in adopting healthier and more sustainable diets with increased fruit and vegetable intake

Co-chairs: Jean-Pierre Cravedi & Sophie Drogué

10:45 -12:15 KEYNOTE LECTURES

• PASSERELLE PLUS (2024-2025) – Exploring new approaches to address food insecurity in France: evaluation of a Cash-Plus programme combining unrestricted cash transfers, social work support, and a sustainable diet workshop
Marlène Pérignon, *INRAE (FR)*

• MARIGO – (2021-2024) Promotion of Agroecological Transition in Tropical Areas: The Challenges of Market Gardening in Côte d'Ivoire
Rahim Ouedraogo & Thibaud Martin, *CIRAD (SN/FR)*

• Co-FRESH (2020-2024 ; Europe) - Co-creating Sustainable and Competitive Fruit and Vegetable Value Chains in Europe
Inés Echeverría Goñi, *CNTA (ES)*

• MoreMedDiet (2023-2026 ; 7 mediterranean countries) – More on the adoption of a healthy Mediterranean diet
María de Guía Córdoba Ramos, *University Institute for Research in Agricultural Resources (ES)*

• FutureFoods
Véronique Lhoutellier, *INRAE (FR)*

12:15 - 13:30 **LUNCH BREAK AND POSTER VISIT**



THURSDAY 8 OCTOBER

13:30 - 13:50 **ORAL COMMUNICATIONS**

• GINO! Let's play not to waste food! A multistakeholder initiative to reduce food waste and foster plant-based diets in school canteens
Alice Minichini, *Fondazione Compagnia di San Paolo (IT)*

• School-Based Intervention for more sustainable and healthy diets: a primary school case study
Leire Osuna-Galisteo, *Basque Culinary Center (ES)*

13:50 - 16:00 **SESSION 4: Challenges and future perspectives for meeting fruit & vegetable recommendations in sustainable food systems**

Co-chairs: Mphumuzi Sukati & Christian Reynolds

13:50 - 15:05 **KEYNOTE LECTURES**

• Assess to transform: improving measurement of nutritional, economic, and environmental dimensions
Wendy Gonzalez, *The Global Alliance for Improved Nutrition (CH)*

• Encouraging committed food choices without sacrificing pleasure: a cultural and sensory challenge from childhood onwards
Sandrine Monnery-Patris, *INRAE (FR)*

• Designing Inclusive Pathways to Fruit and Vegetable Consumption for Families Under Constraints: When motivation is not the problem
Vicky Drapeau, *Laval University (CA)*

• Improving communication and engagement: educational strategies for behavior change
Sylvie Avallone, *Institut Agro Montpellier (FR)*

• Health Professionals as Key Intermediaries: Addressing the Adult Nutrition Safety Net Gap in Sustainable Food Systems
Chi-Chi Ekhator, *Chi-Chi Ekhator (UK)*

15:05 - 15:30 **NETWORKING BREAK AND POSTER VISIT**

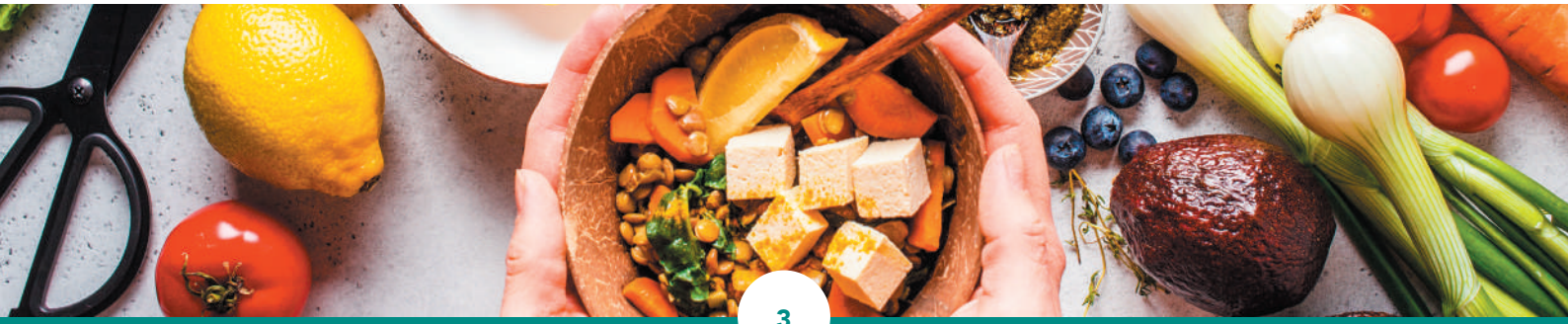
15:30 - 16:00 **ORAL COMMUNICATIONS**

• MATILDA - a global assessment tool for mapping demographic patterns and priorities across nutrition and sustainability
Oliver Taherzadeh, *Leiden University (NL)*

• The dietary footprints and transition priorities of over 12,000 cities
Hongyi Cai, *Leiden University (NL)*

• Pursuing dietary transitions requires reshaping global food production and trade networks
Shruti Jain, *Leiden University (NL)*

20:00 - 22:00 **GALA DINNER**





FRIDAY 9 OCTOBER

PROGRAMME

08:30 - 09:00 **WELCOME COFFEE**

09:00 - 11:40 **SESSION 5: Round table: From expectations to action: consumer perspectives on tomorrow's food system**

Co-chairs: Rémi Kahane et Sylvie Avallone

09:05 - 10:30 **PANEL DISCUSSION**

Aleksandra Nicolle, *SNRC (FR)*
Fabrice Declerck, *CIAT, Chief Science Officer at EAT (FR)*
Ana Isla Ramos, *FAO (IT)*
Marie Massart, *Mairie de Montpellier (FR)*
Pierre-Yves Romelaerre, *La nouvelle cantine (FR)*
Thouraya Tabbassi, *Consumer defense organization (TN)*

10:30 - 11:00 **ORAL COMMUNICATIONS**

• Retail access and Fruit and Vegetable acquisition choices: Implications for food Waste among Supplemental Nutrition Assistance Program (SNAP) participants
V. Chebolu-Subramanian, *Drexel University (USA)*

• Mind the Agriculture-Health-Gap: Aligning European Food Supply with National Dietary Guidelines and Planetary Health Diet
Anna-Lena Klapp, *ProVeg International (GE)*

11:10 - 11:30 **SHORT ORAL PRESENTATION SESSION**

• Gender differences in eating habits and lifestyles of young students: results from MaestraNatura program
A. Silenzi, *Italian National Institute of Health (IT)*

• Measuring consumers' acceptability of dietary change scenarios: experimental evidence from France
S. Teyssier, *Grenoble Alpes University (FR)*

• Optimization of dietary patterns for reducing non-communicable disease burden using dose–response-based DALY minimization
A. Parlesak, *University of Copenhagen (DK)*

• Does migration from French overseas regions to mainland France affect diet quality and fruit and vegetable consumption? The case of students from overseas regions
M. Antoine, *Montpellier University (FR)*

11:30 - 11:45 **POSTER SESSION AWARD (PRESENTATION OF TOP 5 POSTERS - SOP1)**

11:45 -12:00 **CONCLUSIONS OF THE CONFERENCE**

Joël Doré & Bibi Giyose *(FR/ZA)*
Christel Teyssèdre *(FR)*

12:30 - 17:00 **FIELD VISIT TO LA CAISSE ALIMENTAIRE DE MONTPELLIER**