



## PROGRAMME

**EGEA**<sup>edition 9</sup>

International conference

**20 - 22 SEPTEMBER 2023 – BARCELONA**

**DIET, FRUIT AND VEGETABLES, AND ONE HEALTH:  
WHAT CONTRIBUTIONS?**

**DAY 1: WEDNESDAY 20 SEPTEMBER**

**12:30 - 14:00 WELCOME (FREE LUNCH) – REGISTRATION – POSTER DISPLAY**

**14:00 - 14:30 OPENING SESSION**

**Christel TEYSSEDRE**, Aprifel (FR)  
**Delphine TAILLIEZ**, Aprifel (FR)  
**Elio RIBOLI**, Imperial College London (UK)  
**Joël DORE**, INRAE (FR)

**14:30 - 18:15 SESSION 1 : FRUIT AND VEGETABLES: WHAT ARE THE BENEFITS  
FOR HUMAN HEALTH AND FOR FOOD AND NUTRITIONAL SECURITY?**

**Moderators: Jean-Michel LECERF & Elio RIBOLI**

**14:30 - 15:35 Keynote lectures: Research progress on fruit and  
vegetables on health and chronic diseases**

- Cardiovascular disease prevention - **Monique Verschuren**, RIVM (NL)
- Cancer prevention - **Marc Gunter**, Imperial College London (UK)
- Type 2 diabetes prevention – facts and gaps - **Nita Forouhi**, University of Cambridge (UK)

**15:35 - 16:50 Keynote lectures**

- Innovation in evaluating gut microbiota and fiber-rich vegetables interactions - **Nathalie Delzenne**, UCLouvain (BE)
- The role of fruit and vegetables in mental and brain health - **Saverio Stranges**, Western University (CA)
- Nutrition transition towards plant-based foods: ultraprocessed, unprocessed and their health impact - **Benjamin Allès**, EREN (FR)
- Fruit and vegetables in food and nutritional security - **Boitshepo Bibi Giyose**, NEPAD (SA)



## PROGRAMME

16:50 - 17:20 COFFEE BREAK + POSTER VISIT

17:20 - 18:15 ORAL COMMUNICATIONS

18:15 - 18:45 POSTER VISIT

19:00 - 20:00 WELCOME COCKTAIL

### DAY 2: THURSDAY 21 SEPTEMBER

09:00 - 09:30 WELCOME COFFEE

09:30 - 12:30 **SESSION 2: FRUIT AND VEGETABLES AT THE CORE OF SUSTAINABILITY: WHAT ENVIRONMENTAL AND SOCIAL IMPACTS?**

**Moderators: Françoise Lescourret & Alain Peeters**

#### 09:15 - 11:15 **Keynote lectures**

- How to preserve and improve soil quality for fruit and vegetable production and health - **Marc André Sélosse**, Muséum national d'Histoire naturelle (FR)
- Tackling climate impacts: fruit and vegetables as part of the crisis or the solution? - **Giuseppe Montanaro**, University of Basilicata (IT)
- Water footprints for fruit vegetable production: Definitions and optimization practice - **Diego Intrigliolo**- Spanish National Research Council (SP)
- Functional biodiversity to control weeds in fruit orchards - **Davide Neri**, Polytechnic University of Marche (IT)
- Social innovations in fruit and vegetables to address multiple Sustainable Development Goals in food systems - **Marie-Josèphe Amiot-Carlin**, INRAE (FR)

11:15 - 11:45 COFFEE BREAK + POSTER VISIT

11:45 - 12:30 ORAL COMMUNICATIONS

12:30 - 14:00 LUNCH BREAK + POSTER VISIT



## PROGRAMME

### 14:00 - 17:20 SESSION 3: VEGETALIZING THE DIET: WHAT ARE THE DETERMINANTS OF CONSUMER BEHAVIOUR AND CHOICE?

**Moderators : Emma Boyland & Frans Folkvord**

#### 14:00 - 16:00 Keynote lectures

- The factors that influence our food choices across the lifespan- **Sophie Nicklaus**, INRAE (FR)
- I'll have what you're having: why we need to include social factors in healthy eating interventions - **Roel Hermans**, Leefstijl Lab (NL)
- Creating healthy environments: Encouraging fruit and vegetable intake at the day care and primary school - **Gertrude Zeinstra**, Wageningen University and Research (NL)
- The role of marketing in shaping dietary preferences and behaviors - **Tim Smits**, KU Leuven (BE)
- Movement behaviors, eating habits, and appetite control: are they really connected? - **David Thivel**, Université Clermont Auvergne (FR)
- Opportunities for public health policies to promote greater fruit and vegetables intake - **Emma Boyland**- University of Liverpool (UK) & **Frans Folkvord** - Tilburg University (NL)

16:00 - 16:30 COFFEE BREAK + POSTER VISIT

16:30 - 17:20 ORAL COMMUNICATIONS

17:20 - 17:50 POSTER SESSION AWARD

19:30 - 23:00 GALA DINNER\*

\* Not included in the conference fees





# PROGRAMME

## DAY 3: FRIDAY 22 SEPTEMBER

08:30-09:00 WELCOME COFFEE

09:30-12:30 **SESSION 4: PLACING FRUIT AND VEGETABLES AT THE CENTER OF THE ONE HEALTH DISCUSSION- SOLUTIONS, RECOMMENDATIONS, ACTIONS AND PRIORITIES**

**Moderators: Boitshepo Bibi Giyose & Christian Reynolds**

### 09:00-10:00 **Keynote lectures**

- State of art and role of public policies to achieve sustainable diet - **Céline Giner**, OCDE (FR)
- A mapping system to have a win-win solution to tackle food insecurity, the multiple forms of malnutrition and climate change - **Kremlin Wickramasinghe**, WHO Europe (RU)
- Can all people access to healthy and sustainable diet? - **Anna Herforth**, Harvard T.H. Chan (USA)

### 10:00-10:50 **ORAL COMMUNICATIONS**

10:50-11:15 **COFFEE BREAK**

### 11:15-12:40 **ROUND TABLE AND PANEL DISCUSSION**

- **Boitshepo Bibi Giyose**, NEPAD (SA)
- **Carmez Gloria Gonzalez**, University of Chile (CL)
- **Machteld van Lieshout**, The Hague University of Applied Sciences (NL)
- **Daniel Sauvaitre**, France National Association Apples and Pears (FR)
- **Philippe Binard**, Freshfel (BE)
- **Pilar Santacoloma**, FAO (IT)
- Tbd

### 12:40-12:50 **CONCLUSIONS OF THE EGEA CONFERENCE**