

PROGRAMME

D1

NOVEMBER 7TH 2018

8:00 / 9:30

Welcome – Registration – Poster display

9:30 / 10:30

Opening session

Co-chairs: E. Riboli & M. Laville

S. Barnat – EGEA Scientific Coordinator – Aprifel – FR

C. Faurie-Gauthier – Representative of Lyon City Hall – FR

E. Riboli – Imperial Coll. London – UK – Keynote lecture: The role of F&V in disease prevention & health promotion

10:30 / 12:00

S1 Health promotion in medical education: from rhetoric to action

Co-chairs: P. James & M. Laville

- Health workforce for better nutrition – K. Wickramasinghe – WHO Europe – RU
- The primary care professional: an agent for healthy eating? – A. Stavdal – WONCA Europe – NO
- Health promotion in primary healthcare: how well are French clinicians prepared? – M. Laville – C. Bernard Lyon 1 Univ. – FR

12:00 / 12:30

Fruit & coffee break

12:30 / 13:30

S2 Persistency of unhealthy habits: Need and right for a healthy diet worldwide

Co-chairs: E. Riboli & M. Laville

- Why it took so long to define a healthy diet – P. James – LSHTM – UK
- Food security, food safety & healthy nutrition: are they compatible? – H. Walls – LSHTM – UK

13:30 / 14:30

Lunch / Poster Visit

14:30 / 16:00

Parallel sessions**S3 “The earlier the better”: from pregnancy to breastfeeding, to...**

Co-chairs: M. Caroli & D. Weghuber

- Epigenetics and pregnancy
U. Simeoni – Lausanne Univ. – CH
- Dietary diversification: a natural need
ML. Frelut – ECOG – FR
- Complementary feeding: which model?
M. Caroli – ASL Brindisi – IT
- Early chemosensory experiences and subsequent food choices
L. Marlier – CNRS – FR

S4 “It is never too late”: food and health in adulthood

Co-chairs: M. Laville & A. Stavdal

- Prevention of premature mortality related to chronic diseases and F&V intake
T. Norat – Imperial Coll. London – UK
- F&V consumption and cardiovascular disease prevention
M. Verschuren – RIVM – NL
- Modulating the gut microbiota by fiber-rich vegetables: a promising therapeutic approach in obesity?
N. Delzenne – Louvain Drug Res. Inst. – BE
- F&V consumption and mental health
S. Stranges – Western Univ. – CA

16:00 / 16:30

Fruit & coffee break

16:30 / 16:45

Summary of parallel sessions by the 4 co-chairs

16:45 / 18:00

S5 For a healthy diet worldwide: role of general practitioners (GPs) in the win-win solution

Co-chairs: A. Martin & D. Durrer-Schutz

- F&V consumption & chronic disease prevention: What are the possible “wins-wins”?
M. Devaux – OECD – FR
- Promoting a healthy diet through counselling in primary care
D. Durrer-Schutz – EUROPREV – CH
- Importance of F&V in the prescriptions of general practitioners – Feedback from the pre-Egea symposium
A. Martin – C. Bernard - Lyon 1 Univ. – FR

18:00 / 19:00

Poster visit

19:00 / 20:30

Welcome cocktail dinner

20:30

“Le Duo Gourmand”; E. Guilier, *Soprano* & M. Le Bourdonnec, *Piano*

9:00 / 10:30 Registration - Welcome coffee**10:30 / 12:15** Parallel sessions**S6** How to make childhood lifestyle healthier?

Co-chairs: M. Nicolino & D. Weghuber

- Children & adolescents obesity: evolution of prevalence in Europe
A. Rito – INSA – PT
- Little bests in town: how environment and urbanization can drive children's health
D. Van Kann – Fontys University – NL
- Adolescence "the revolution age": How to make a healthy revolution?
A. Vania – Sapienza Rome Univ. – IT
- Diet in pregnancy in relation to subsequent maternal and neonatal health
F. McAuliffe – Univ. Coll. Dublin. – IE

12:30 / 14:00 Lunch – Poster visit**14:00 / 15:30** Parallel sessions**S8** Childhood obesity care

Co-chairs: M. Nicolino & D. Weghuber

- Introduction
M. Nicolino – Woman-Mother-Child Hosp. Lyon – FR
- Psychological profile to become and to stay obese?
A. Tanghe – Zeepreventorium – BE
- Dietary approach to treat obese children
D. Weghuber – PMU – AT
- From physical activity to physical fitness
D. Thivel – Clermont-Auvergne Univ. – FR

15:30 / 16:15 Fruit & coffee break**16:30 / 17:00** Reporting of parallel sessions by the 5 co-chairs**17:00 / 18:30** **S10** Food contaminants: when we mix science and politics (visioconference session)

Co-chairs: J. Ramsay & JM. Lecerf

- Organic vegetable products: from perceptions to scientific realities
MJ. Amiot-Carlin – INRA – FR
- Endocrine disruptors: What are they and where do we go from here?
L. Multigner – INSERM – FR
- Human health risk assessment on the consumption of fruits and vegetables containing residual pesticides
M. Valcke – INSPQ – CA
- Why should we believe the evaluations of official bodies?
J. Ramsay – EFSA – IT

S7 How to prevent undesirable weight gain in adults?

Co-chairs: P. Ouvrard & L. Letrilliart

- Combining physical activity and healthy diet
S. Czernichow – G. Pompidou Hosp. – FR
- How state of the art technology can help people maintain weight loss?
J. Stubbs – Leeds Univ. – UK
- How should nutritional advice be administered during a routine consultation?
JM. Lecerf – Pasteur Inst. Lille – FR
- Fostering collaboration between General Practitioners and Dietitians to improve nutritional patient care
T. Libert – EFAD – FR

S9 Preventing obesity related diseases & brain decline

Co-chairs: M. Mccarthy & L. Letrilliart

- Improvement F&V intake in weight management in adults with morbid obesity
G. De Pergola – Bari Univ. – IT
- Improved lifestyle & decreased diabetes risk over 13 years: the Finnish experience
M. Uusitupa – Eastern Finland Univ. – FI
- Current nutrition practices among cardiologists
P. Assyag – French Federation Cardiology – FR
- Diet for the mind: what to eat to prevent Alzheimer's and cognitive decline?
T. Ngandu – N. Inst. for Health and Welfare – FI

D3

NOVEMBER 9TH 2018**7:30 / 8:30****Registration - Welcome coffee****8:30 / 10:00****S11 Changing consumption due to food system change: the role of marketing, behavioural nutrition and social inequalities** (co-organized by N8 Agrifood)

Co-chairs: J. Halford & J. Breda

- Food systems and food choices
C. Reynolds – Sheffield Univ. – UK
- Household food insecurity and promotion of healthy nutrition
A. Linos – Athens Medical School – GR
- Unhealthy food marketing techniques and food consumption impact
E. Boyland – Liverpool Univ. – UK
- Healthy promotion through digital techniques
F. Folkvord – Radboud Univ. – NL

10:00 / 10:30**Poster session awards****10:30 / 11:00****Fruit & coffee break****11:00 / 12:30****S12 Helping school children eat healthily: GPs as a vital force for education and impact assessment**

Co-chairs: W. Kalamar & M. Caroli

- EU school scheme: a European tool to encourage good eating habits in children
G. Medico – EC – DG AGRI – BE
- School food provision & EU School Scheme experience in Italy
S. Berni Canani – CREA – IT
- The parents' representatives: The unavoidable actors
V. Durin – COFACE – FR
- Joining up tools for optimal school food provision
S. Storcksdieck Genannt Bonsmann – EC – DG JRC – IT

12:30 / 13:30**Lunch****13:45 / 15:45****Round table Considering the roles of key stakeholders in changing F&V consumption**

Animated by K. Lock & P. James

- Introduction: Global benefits of F&V to health and sustainable development
K. Lock – LSHTM – UK
- Panel:
 - A. Delahaye – European Parliament – FR
 - M. Devaux – OECD – FR
 - G. Golfidis – EC – DG AGRI – BE
 - W. Kalamar – EC – DG SANTE – LU
 - D. Sauvaitre – F&V Sector – FR
 - A. Stavdal – WONCA Europe – NO

15:45 / 16:00**Closing session**

E. Riboli & H. Walls