









## Healthy diet, healthy environment within a fruitful economy:

# the role of Fruit and Vegetables

#### Chair:

RIBOLI Elio - Director - School of Public Health - Imperial College London - UK

#### **Scientific Committee:**

AMIOT Marie-Josèphe - Vice Director of the Research Unit Nutrition - INRA / INSERM - FR CARAHER Martin - Professor of Food Policy - City University London - UK CAROLI Margherita - Head of the Nutrition Unit ASL Brindisi - IT DARMON Nicole - Research Director - INRA - FR FRELUT Marie-Laure - Pediatrician - Hôpital de Bicêtre, Hôpitaux Paris Sud - FR GOMES Fabio - Senior Analyst - National Cancer Institute of Brazil (INCA) - BR HALFORD Jason - Professor Psychological Sciences - University of Liverpool - UK JAMES Philip - Past-President World Obesity Federation - London School of Hygiene and Tropical Medicine - UK NORAT Teresa - Epidemiologist - Imperial College London - UK NUGENT Rachel - Clinical Associate Professor and Project Director - University of Washington - USA PANICO Salvatore - Research Professor - Federico II University - IT RIBOLI Elio – Director - Imperial College London - UK

Scientific Coordinator: BARNAT Saida - Scientific Director - Aprifel - FR

### June 3<sup>rd</sup> - 5<sup>th</sup> 2015 FIERA MILANO - Congress Centre Stella Polare

### Wednesday, June 3<sup>th</sup> 2015

	Plenary Session	
	MARTINI ROOM	
12:00	Desk Registration & Poster Set-up	
14:30 - 15:30	Official opening	
	A. Berger - Commissioner General of the French Pavilion	
	A. Delahaye - Member of European Parliament	
	Welcome - S. Barnat - EGEA Scientific Coordinator - Aprifel - FR	
15:30 - 17:00	ROUND TABLE	
	A world tour Fruit & Vegetable policies	
	animated by <b>M. Caraher</b> - UK	
	With: <b>F. Branca</b> - WHO, <b>UR. Charrondiere</b> - FAO, <b>P. James</b> - Representative of EGEA Chairs, <b>P. Roux</b> - DG SANTE - EC, <b>R. Van der Stappen</b> - DG AGRI - EC	
17:15 - 18:30	KEYNOTE LECTURES	
	Epidemiology of food, nutrition, physical activity and cancer - <b>E. Riboli</b> - UK Mis-selling foods: Marketing strategies in the multi-media world and their impact - <b>J. Halford</b> - UK Policies coherence to promote fruit and vegetable intake - <b>B. Sinclair</b> - UK	
18:30 - 20:30	Welcome cocktail - With the kind contribution of Freshfel Europe	

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	Plenary Session				
	MARTINI ROOM				
08:30	Desk Registration				
09:00 - 10:30	SESSION 1				
	Agriculture & Health: a promising wedding				
	Chair: K. Brownell - USA				
	Remedying the food based costs of chronic diseases - M. Cecchini - FR				
	New food system approaches to managing and resolving the burden of obesity and chronic diseases - R. Pederson - BE				
	Transforming the food chain to combat inequity and environmental degradation - P. James - UK				
10:30 - 11:00	Break - Poster Exhibition				
	Parallel Sessions				
	MARTINI ROOM	SAGITTARIUS ROOM	LIBRA ROOM		
	NUTRITION & HEALTH	ADVERTISING	SUSTAINABLE AGRICULTURE		
11:00 - 13:00		SESSION 3	SESSION 4		
	Nutrition & chronic diseases: What is new?	Zoom on advertising policies	Sustainability of F&V production		
	Chair: <b>T. Norat</b> - UK	Chair: <b>M. Caroli</b> - IT	Chair: MJ. Amiot-Carlin - FR		
	Nutrition and cancer - An apple a day keeps the doctor away? - <b>E. Kampman</b> - NL	What has been achieved so far at international level? - <b>M. Mwatsama -</b> UK	Agro-ecology & sustainable food systems for good nutrition & health - <b>MJ. Amiot-Carlin</b> - FR		
	Vegetables and fruit keep preserving cardiovascular health <b>S. Panico</b> - IT	EU policies on labelling <b>S. Bodenbach -</b> DG SANTE - EC	Incentivizing investments for F&V in a healthy food system <b>R. Nugent</b> - USA		
	Dietary intake of fiber, F&V for preventing diabetes and its complications - <b>G. Riccardi</b> - IT	Social marketing to promote F&V consumption as part of an healthy diet - J. Jewell - WHO	Biodiversity & nutrition <b>UR. Charrondiere</b> - FAO		
	Healthy aging <b>E. Jirillo</b> - IT	F&V marketing: no lie, no sale? <b>M. Canavari</b> - IT	F&V for a sustainable production <b>M. Tchamitchian</b> - FR		
13:00 - 14:15	Buffet Lunch				





	Parallel Sessions				
	MARTINI ROOM	SAGITTARIUS ROOM	LIBRA ROOM		
	NUTRITION & HEALTH	ADVERTISING	SUSTAINABLE AGRICULTURE		
14:30 - 16:00	<ul> <li>SESSION 5 - Co-organized with DG-JRC</li> <li>Food safety and nutrition towards 2050 - opportunities and challenges</li> <li>Chair: AK. Bock - DG JRC - EC</li> <li>EU Food production and consumption in 2050.</li> <li>Alternative scenarios</li> <li>S. Caldeira, F. Ulberth - DG JRC - EC</li> <li>Scenario implications: different perspectives</li> <li>H. Daniel - DE, HCJ. Godfray - UK</li> <li>Our future food - Panel discussion</li> <li>Moderator: E. Anklam - DG JRC - EC</li> <li>Participants: H. Daniel - DE, D. Jacobs - BE,</li> </ul>	<ul> <li>SESSION 6</li> <li>Tools to implement policies on advertising</li> <li>Chair: F. Gomes - BR</li> <li>What about F&amp;V labelling?</li> <li>P. Binard - BE</li> <li>How to effectively advertise healthy foods?</li> <li>S. Levie - NL</li> <li>How price control and other related policies can increase F&amp;V intake? - K. Brownell - USA</li> </ul>	<ul> <li>SESSION 7</li> <li>Health as an ethical and sustainability issue</li> <li>Chair: P. James - UK</li> <li>Opportunities for plant-based diets as a sustainable and healthy food choice</li> <li>W. Verbeke – BE</li> <li>Sustainable diet: a matter of food choices</li> <li>N. Darmon - FR</li> <li>Promoting population health and tackling health inequalities - E. Ziglio - AU</li> <li>Food waste reduction: an ethical or financial issue?</li> </ul>		
	P. Roux - DG SANTE - EC, P. Verhelst - BE		A. Segrè - IT		
16:00 - 16:45	5 Break - Poster Exhibition				
17:00 - 18:30	<ul> <li>SESSION 8 - MARTINI ROOM</li> <li>F&amp;V consumption: a multisectoral systemic approach</li> <li>Chair: E. Riboli - UK</li> </ul>				
	Reports from the parallel sessions of the day - Chairs of parallel sessions				
	Policy coherence to achieve healthy diets – a call from the 2 <sup>nd</sup> International Conference on Nutrition - F. Branca - WHO				
	Building and strengthening fruit and vegetable-friendly food systems - F. Gomes - BR				
18:30 - 19:00	Poster rewards - 1 <sup>st</sup> Part				





	Plenary Session	
	MARTINI ROOM	
08:00	Desk Registration	
08:30 - 10:30	SESSION 9 Nutrition in childhood: short and long term health	
	Chair: <b>M. Caroli</b> - IT	
	The biology of taste and flavor learning - J. Mennella - USA	
	How family influences children's eating behaviour - S. Issanchou - FR	
	Nutrition and epigenetics in the perinatal environment - U. Simeoni - CH	
	Nutritional education to children: a realistic tool or a dream? - M. Caroli - IT	
10:30 - 11:00	Poster rewards - 2 <sup>nd</sup> Part	
11:00 - 11:30	Fruit and Coffee break - Poster exhibition	
11:30 - 13:30	SESSION 10	
	Advertising vs. adversity: a moving border?	
	Chair: ML. Frelut - FR	
	Cognitive development from early childhood to adolescence and impact of old and new media advertising - <b>ML. Frelut</b> - FR	
	Shaping the school environment to promote healthy diet and lifestyle habits <b>S. Storcksdieck</b> - DG JRC - EC	
	Food advertising to children effect of self-regulation vs legislation - J. Halford - UK	
	Food marketing regulation: time to seize the bull by the horns - A. Garde - UK	
13:30 - 14:30	Buffet lunch	
14:30 - 16:30	SESSION 11 - Co-organized with DG-AGRI European School Fruit and Vegetable Scheme - SFVS & The New Zealand Fruit in School at a glance - FIS	
	Chair: M. Tarabella - Member of the European Parliament - BE	
	The SFVS: a collaboration between agriculture and health - I. de la Mata - DG SANTE - EC	
	The New Zealand FIS at a glance - <b>P. Dudley</b> - NZ	
	The SFVS: a successful initiative within the Common Agricultural Policy <b>R. Van der Stappen -</b> DG AGRI - EC	
	SFVS on live: One scheme, plenty implementing ways - Short movie on participating Member States - <b>G. Keller</b> - DG AGRI - EC	
16:30 - 17:00	Conclusions - E. Riboli - UK	