

PROGRAMME

Wednesday May 18th 2005

16h00

REGISTRATION

17h00

OPENING

L. Damiens : *Director of Aprifel*

S. Barnat : *Head of the Scientific Department of Aprifel - EGEA Scientific Coordinator*

SCIENTIFIC OPENING

R. Marabelli : *Director General Veterinary Public Health, Food and Nutrition - Ministry of Health (Italy)*

E. Romano : *President of INRAN - National Institute for Research on Food and Nutrition (Italy)*

D. Greco : *Director General of Health Prevention - Ministry of Health (Italy)*

E. Riboli : *Head, Nutrition and Hormones Group of International Agency for Research on Cancer (IARC-WHO)*

19h00

OPENING COCKTAIL AT THE FRENCH EMBASSY «Palazzo Farnese»

SPECIAL INVITATION FROM HIS EXCELLENCY **Loïc Hennekinne**

PROGRAMME

Thursday May 19th 2005

SESSION I

MEDITERRANEAN TYPE DIET / METABOLIC SYNDROME AND CHRONIC DISEASE PREVENTION

09h00

OBESITY

Co - chairmen : *B. Rolls (USA) & M. Carruba (Italy)*

Introduction : *M. Carruba (Italy)*

Dietary energy density as a guide to food choices and weight management : *B. Rolls (USA)*

Optimal dietary strategies for weight management : *A. Astrup (Denmark)*

Obesity, socio-economic status and food intake in children : *M. Hetherington (UK)*

Prevention of obesity: is it ever too late to start? : *J. Seidell (The Netherlands)*

Conclusion : *B. Rolls (USA)*

11h10

Fruit and coffee break

11h30

DIABETES

Chairman : *N. Wareham (UK)*

Observational studies of dietary factors and the metabolic or insulin resistance syndrome : *N. Wareham (UK)*

Diet and type 2 diabetes from observational studies : *F. Hu (USA)*

Dietary interventions and the metabolic syndrome : *D. Giugliano (Italy)*

Dietary interventions and risk of type 2 diabetes : *J. Tuomilhto (Finland)*

13h30

Lunch

14h30

CARDIOVASCULAR DISEASES (CVD)

Chairman : *S. Panico (Italy)*

Cardiovascular risk, n-3 PUFA, and dietary habits after myocardial infarction: the GISSI - Prevention study :
R. Marchioli (Italy)

Changing dietary patterns reduces CVD risk - Evidence from primary prevention trials : *E. Feskens (The Netherlands)*

Mediterranean diet and CVD: beyond Cholesterol : *A. Rivellese (Italy)*

Cardiovascular disease preventable fraction in the population through adherence to Mediterranean diet :
S. Panico (Italy)

16h15

Fruit and coffee break

16h45

CARDIOVASCULAR DISEASES (CVD)

Chairman : *G. Berglund (Sweden)*

CVD Diet visavi other CVD risk factors : *G. Berglund (Sweden)*

Energy and fat intake and CVD risk : *M. Leosdottir (Iceland)*

Results from the EPIC Heart : *R. Saracci (Italy)*

Dietary patterns and risk of CVD : *M. Schulze (Germany)*

18h35

END

PROGRAMME

Friday May 20th 2005

9h00	D. BUSSEREAU, THE FRENCH MINISTER OF AGRICULTURE, FOOD, FISHERIES AND RURAL AFFAIRS
09h30	CANCER Chairman : <i>E. Riboli (IARC - WHO)</i> Where do we stand in the search for the nutritional causes of cancer? : <i>E. Riboli (IARC - WHO)</i> Nutrition, steroid hormones and breast cancer : <i>F. Berrino (Italy)</i> Diet, obesity, physical activity and colorectal cancer : <i>T. Norat (France)</i>
10h50	Fruit and coffee break
11h15	Vegetarianism and cancer risk : <i>T. Key (UK)</i> Mediterranean diet and cancer risk : <i>D. Palli (Italy)</i> Discussion and conclusions : <i>E. Riboli (IARC - WHO)</i>
12h45	Lunch
	SESSION 2 FROM SCIENTIFIC EVIDENCE TO HEALTH PREVENTION ACTIONS Moderator : <i>E. Riboli (IARC - WHO)</i>
14h30	ROUND TABLE 1 - ACTIONS: WHAT CAN BE DONE TO CHANGE BEHAVIOUR? Communication : <i>L. Damiens (France)</i> Promoting fruit & vegetables through schools - A European perspective : <i>K.I. Klepp (Norway)</i> The Fruit and Vegetable Snack Program in the United States: a Case Study in Policy Development : <i>L. Di Sogra (USA)</i> Effective and sustainable worksite-based interventions to promote fruit and vegetable consumption in adults : <i>M. Meyer (Denmark)</i> The five colors for well-being: opportunities for consumers and producers : <i>F. Marzano (Italy)</i>
15h45	Fruit and coffee break
16h15	ROUND TABLE 2 - How POLITICS ARE INVOLVED? CAN PUBLIC STRATEGIES BE DEVELOPED? How politics are involved? Can national nutrition policies be developed? The case of Italy : <i>D. Greco (Italy)</i> Public Health Nutritional Policy in France : <i>S. Hercberg (France)</i> Changing behaviour and environment requires statutory measures : <i>JM. Le Guen (France)</i> How politics are involved? Can national nutrition policies be developed? The case of Greece : <i>A. Trichopoulou (Greece)</i> Finnish experience on national policies and strategies for chronic disease prevention : <i>P. Pietinen (Finland)</i> Community action on nutrition and physical activity : <i>W. Kamphausen (DG Sanco – EU)</i> Closure by <i>A. TRAKATELLIS (European Parliament, Vice-President)</i>
18h30	END

Programme

Saturday May 21st 2005

09h00	POSTER SESSION Chairman : <i>A. Drewnowski (USA)</i>
10h00	Fruit and coffee break
	SESSION 3 TOWARD NATURALLY NUTRIENT-RICH SNACKS: GLOBAL TRENDS IN SNACKING BEHAVIOUR Chairman : <i>A. Drewnowski (USA)</i>
10h30	Nutrient density as a tool for health promotion: introducing the Naturally Nutrient Rich (NNR) Index <i>A. Drewnowski (USA)</i> Predictors of fruit and vegetable consumption by children : <i>J. Wardle (UK)</i> Snacking and obesity : <i>S. Jebb (UK)</i> Metabolic response to snacks : leptin, ghrelin and insulin : <i>D. Chapelot (France)</i>
12h30	CONCLUSION EGEA 3 <i>E. Riboli (IARC-WHO)</i> <i>L. Trentini (President AREFLH)</i>
13h00	END